

Wave 11 GRACE



131. GRACE

Every day is new life. Every breath is a new birth. This is grace.



132. BEING BORN AGAIN

Mother Earth is the place where we learn to transform our tears, to BE in joy and to live in love. Therefore we are born again and again.



133. BROTHERS & SISTERS

We are all brothers and sisters of one big family.



134. TRUST

Trust that the star inside you guides and holds you. Your feelings are your compass.



135. SELF-WORTHINESS

This feeling determines how successful you are in the world. Truth is you are WONDER-ful.



136. BLISS

You may relax completely



137. TO RECOGNIZE

What sometimes looks like an apparent contradiction often requires only another aspect of view. Only the heart sees the right way.



138. EMPTINESS

IT waits for us without any judgements full of patience and love.



139. RHYTHM

If you hear the calling of the drum follow. It's the rhythm of your heart.



140. PERFECTION

If you realize the patterns of the universe you see everything is perfect.



141. MOTHER EARTH

Mother Earth carries us without conditions and gives us everything we need for our lives.



142. OPEN HEART CIRCLE

Open your heart, share tone, share and be aware of the miracles you create together.



143. NATURALNESS

It's only natural for us to unfold and to fly.